**Session I – Saturday, December 7th -** Modified Capitol Cup (Warm-up/compete)

Boys – Levels 4 D1 & D2 (56)

7:30 am – Check-In

8:00 am – Open stretch

8:20 am – Assemble at starting event/Opening Ceremony

8:30 am - Timed Warm-Ups start with competition following immediately.

**Session II – Saturday, December 7th -** Modified Capitol Cup (Warm-up/compete)

Boys – Levels 6, 8, & Platinum (39)

12:00 pm – Check-In

12:30 pm – Open stretch

12:50 pm – Assemble at starting event/Opening Ceremony

1:00 pm – Timed Warm-Ups begin with competition following immediately.

**Session III – Saturday, December 7th -** Modified Capitol Cup (Warm-up/compete)

Boys – Levels 7, 9 & 10 (64)

4:00 pm – Check-In

4:30 pm – Open stretch

4:50 pm – Assemble at starting event/Opening Ceremony

5:00 pm - Timed Warm-Ups begin with competition following immediately.

**Session IV – Sunday, December 8th -** Modified Capitol Cup (Warm-up/compete)

Boys – Levels 3 D1 & D2 & Bronze (79)

9:30 am – Check-In

10:00 am – Open stretch

10:20 am – Assemble at starting event/Opening Ceremony

10:30 am - Timed Warm-Ups start with competition following immediately.

**Session V – Sunday, December 8th -** Modified Capitol Cup (Warm-up/compete)

Boys – Levels 5 D1 & D2, Silver, & Gold (68)

2:00 pm – Check-In

2:30 pm – Open stretch

2:50 pm – Assemble at starting event/Opening Ceremony

3:00 pm – Timed Warm-Ups begin with competition following immediately.

We will follow the Olympic order of events:

Awards to follow competition.